

# CALL FOR ENTRIES

## CASH PRIZES:

1<sup>ST</sup> – \$500

2<sup>ND</sup> – \$300

3<sup>RD</sup> – \$200

4<sup>TH</sup> – \$100

## SUBMISSION

### DEADLINE:

10/1/2025

### NOTIFICATION:

11/1/2025

## DROP OFF

### or RECEIVE

### WORK BY:

4/5/2026

### SUBMISSION FEE (up to 3 works of art):

\$20 for non-students, \$10 for students

### Submission information:

Work can be any 2D medium so long as it can be hung on the wall. If framed, the work should be wired and ready to hang. If unframed, it must be OK to pin the work.

Two easy steps to submit:

1. Donate at [www.tnscholarshipforthearts.org](http://www.tnscholarshipforthearts.org)
2. Email your receipt and three image files to [ThaoNguyenFoundation@gmail.com](mailto:ThaoNguyenFoundation@gmail.com)

Images should be 1000 pixels on the longest side at 72dpi or no larger than 2 MB. Name your file as John\_Doe1.jpg; John\_Doe2.jpg; John\_Doe3.jpg. Please list the file names, titles, and prices for your work (**must be no more than \$500** per art piece) in the email along with a confirmation receipt no later than 11:59 P.M. on 10/1/2025. If your work is selected for the exhibition, we will contact you for a larger file of your work.



As we move beyond mental health awareness to mental health action, please join us in Open Up – a juried art show where we find voice in our vulnerability portrayed through art. This year’s theme encourages us to cultivate empathy, break down stigma, and ignite constructive dialogues about mental health well-being. Please consider submitting your artwork as we take our first steps personally and collectively to build resilience and create a supportive and empowering community for all.

**Jurors:** **Nahid Tootoonchi and Amanda Burnham**

*By submitting your artwork to **Open Up**, you agree to donate 50% of your art, if sold, to Thao Nguyen Foundation Inc., a 501(c)3 public charity. All donations are tax-deductible to the extent allowed by current laws and regulations.*

**Nahid Tootoonchi** is an Iranian American graphic designer, artist and educator. She received her undergraduate degree in graphic design in England from Southampton College of Art, and her MFA in Communication Art from the School of the Art Institute of Chicago. She has worked as a senior designer and art director for institutions such as Kaiser Permanente, National Geographic and the Nature Conservancy.

**Amanda Burnham** is an art professor at Towson University in Baltimore, Maryland, and an award-winning visual artist whose drawings and installations have been exhibited internationally in venues including the Walters Art Museum, the Smithsonian Institutions, the Berman Museum, and the Delaware Contemporary. A 2025 Sondheim Art Prize Finalist, four-time MSAC Individual Artist Awards recipient, and 2014 Rubys Grantee, Burnham holds a B.A. from Harvard University and an M.F.A. from Yale University.